

# GCSS LUNCH MENU

## October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Tenders Wheat Roll Hamburger Sliders Green Beans Cream Potatoes Apple Sauce Fresh Fruit	3 Beef Nachos with Scoops Chicken Fillet Sandwich Corn on the Cob Mixed Green Salad Fresh Fruit Pear Halves	4 BBQ Chicken & Roll Fish Sandwich Broccoli & Cheese Glazed Carrots Pineapple Tidbits Fresh Fruit	5 Spaghetti & Garlic Bread Burrito Toss Salad Buttered Corn Sidekick Peach Slices	6 Cheeseburger Oven Fried Pork Chop & Roll Baked Beans Potato Wedges Tropical Fruit Fresh Fruit
9  <b>F</b>  <b>B</b>	10  <b>A</b>  <b>R</b>	11  <b>L</b>  <b>E</b>	12  <b>L</b>  <b>A</b>	13  <b>K</b>
16 Chicken Wrap Personal Pan Pizza Corn on Cob Mixed Green Salad Peach Slices Fresh Fruit	17 Beef-a-Roni BBQ Rib Sandwich Baked Beans Buttered Corn Mandarin Oranges Fresh Fruit	18 Lemon Pepper Chicken & Roll Hamburger Sliders Green Beans Sweet Potatoes Chocolate Chip Cookie Applesauce Cup	19 Chili with Saltines BBQ Sandwich French Fries Carrot Sticks & Dip Fresh Fruit Pear Halves	20 Cheeseburger BBQ Pork Chop Lettuce, Tomato & Pickles Potato Wedges Tropical Fruit Fresh Fruit
23 Chicken Chunks Wheat Roll Fish Sandwich Green Beans Buttered Corn Apple Sauce Fresh Fruit	24 Grill Cheese Sandwich Burrito Vegetable Beef Soup French Fries Fresh Fruit Mixed Fruit	25 Oven Fried Chicken Cheese Quesadilla Broccoli and Cheese Blackeye Peas Peach Cobbler Fresh Fruit	26 Corndog Meatloaf with Roll Cole Slaw Potato Tots Fresh Fruit Pineapple Chunks	27 Lemon Pepper Pork Chop Pizza Corn on the Cob Carrot Sticks and Dip Tropical Fruit Fresh Fruit
30 Chick Fillet Sandwich BBQ Rib Sandwich Lettuce, Tomato & Pickle Potato Tots Mandarin Oranges Fresh Fruit	31 Spaghetti & Garlic Bread Burrito Toss Salad Buttered Corn Sidekick Peach Slices			

CHOICE OF CHEF'S SALAD AND DELI SANDWICH OFFERED DAILY

CHOICE OF 1% WHITE, FAT FREE FLAVORED MILK (CHOCOLATE, VANILLA, STRAWBERRY) OFFERED DAILY

